

APRIL

Growth, Learning & Development

MON	TUE	WED	THU	FRI
		April Fools Day  1	2	Personal Growth Reflection  3
Skill of the Week 6	World Health Day  7	Learning Day  8	9	Peer Coaching Circles 10
Skill of the Week 13	14	Learning Day  15	16	Manager Coaching 1:1  17
Skill of the Week 20	21	Learning Day  22	23	Protect Your Peak!  24
Energy Audit  27	28	Learning Action Share  30		

01 | April Fools Day
Challenge the status quo by rethinking one outdated way of working.

03 | Personal Growth Reflection
Take 10 minutes to reflect on what you've learned and where you want to grow next.

06, 13, 20 | Skill of the Week
Identify a key skill gap and focus on developing it throughout the week.

07 | World Health Day
Prioritize your wellbeing—because growth starts with the energy to sustain it.

08, 15, 22, 29 | Learning Day
Weekly mini upskilling sessions to build a practical skill your team can apply immediately, ending with a Learning Share Session

10 | Peer Coaching Circles
Learn from each other through small-group conversations focused on shared growth goals.

17 | Manager Coaching 1:1
Managers offer coaching slots; employees come prepared with learning goals.

24 | Protect Your Peak
Block focused time to work on high-impact tasks when your energy is at its best.

27 | Energy Audit
Reflect on what energises and drains you to better manage your performance and growth.