

JANUARY

Fresh Starts & Intentional Beginnings

MON	TUE	WED	THU	FRI
				World Introvert Day 
			1	2
Goal Setting Week Individual Reflection & Intentions 5	Goal Setting Week Team Alignment & Shared Goals 6	Goal Setting Week Priorities & Focus 7	Goal Setting Week Support, Resources & Wellbeing 8	Goal Setting Week Commitment, Celebration & Momentum 9
Ways of Working Refresh 				International Day of Acceptance
12	13	14	15	16
				Focus Friday 
19	20	21	22	23
International Clean Energy Day 				Celebrate! 
26		28	29	30

02 | World Introvert Day

A day to recognise different energy styles by encouraging quiet reflection time and promoting inclusive meetings that give space to both thinkers and talkers.

05-09 | Goal Setting Week

Goal Setting Week guides individuals and teams through reflection, alignment, prioritization, and commitment to set the year up with clarity and focus.

12 | Ways of Working Refresh

Teams revisit:

- Communication norms
- Response time expectations
- Meeting etiquette

Why: Prevents friction before it starts.

16 | International Day of Acceptance

This day invites employees to reflect on what success means to them and set goals that honor their own pace and strengths.

23 | Friday Focus

A 2 hour block of no internal meetings

26 | International Clean Energy Day

Reframing energy as finite and encouraging smarter ways of working. Discuss, "What drains our energy? What gives it back?"

30 | Celebrate

End of the month gathering to celebrate birthdays, anniversaries, achievements and personal milestones